

| CYPRUS AMATEUR ATHLETIC ASSOCIATION | | | | | | | | |
|---|----------|--------------|----------------|------------|------|--|----------------|-------------|
| <u>NATIONAL RECORDS SENIOR WOMEN</u> | | | | | | | | |
| 100m | 11.25 | Anna-Ramona | PAPAIOANNOU | 15.06.1989 | 1.3 | National Senior Championships | Lefkosia | 18.06.2016 |
| 200m | 22.61 | Eleni | ARTYMATA | 16.05.1986 | 0.1 | European Athletic Championships | Barcelona | 31.07.2010 |
| 400m | 51.14 | Eleni | ARTYMATA | 16.05.1986 | | International Meeting | Bellinzona/SUI | 18.07.2018 |
| 800m | 2.01.77 | Natalia | EVANGELIDOU | 10.03.1991 | | Commonwealth Games | Gold Coast/AUS | 12.04.2018 |
| 1500m | 4.10.98 | Natalia | EVANGELIDOU | 10.03.1991 | | Commonwealth Games | Gold Coast/AUS | 30.07.2016 |
| 3000m | 9.02.18 | Andri | AVRAAM | 20.01.1963 | | Olympic Games | Seoul | 23.09.1988 |
| 5000m | 16.13.25 | Andri | AVRAAM | 20.01.1963 | | International Meeting | Hengelo | 14.08.1988 |
| 10000m | 32.59.30 | Andri | AVRAAM | 20.01.1963 | | Olympic Games | Seoul | 26.09.1988 |
| Half Marathon | 1.16.44+ | Dagmara Anna | HANDZLIK | 20.02.1986 | | IAAF World Championships | London | 06.08.2017 |
| Marathon | 2.38.52 | Dagmara Anna | HANDZLIK | 20.02.1986 | | IAAF World Championships | London | 06.08.2017 |
| 100m H | 13.25 | Morfo | BAOURDA | 13.01.1982 | -0.9 | Games of Small States of Europe | Lefkosia | 06.06.2009 |
| 400m H | 54.76 | Androula | SHIALOU | 27.01.1973 | | International Meeting | Heraklio | 04.07.2004 |
| 3000m st. | 10.40.79 | Stella | CHRISTOFOROU | 02.03.1992 | | Georgia University V Missouri University | Athens USA | 23.04.2011 |
| Long Jump | 6.80 | Maria | LAMBROU-TELONI | 23.02.1953 | | Local Games | Lemesos | 25.03.1985 |
| High Jump | 1.93 | Leontia | KALLENOU | 05.10.1994 | | Students Games | Starkville USA | 15.05.2015 |
| Triple Jump | 13.94 | Nina-Mitkova | SERBEZOVA | 06.05.1981 | | Invitation | Lemesos | 05.07.2012 |
| Pole Vault | 4.45 | Marianna | ZACHARIADI | 25.02.1990 | | Mediterranean Games | Pescara | 30.06.2009 |
| Shot Put | 16.71 | Olympia | MENELAOU | 29.04.1966 | | Local Games | Lemesos | 25.03.2001 |
| Discus Throw | 56.69 | Androniki | LADA | 19.04.1991 | | Local Games | Lemesos | 25.03.2014 |
| Javelin Throw | 57.20 | Alexandra | TSISIOU | 02.07.1981 | | Student Games | Patra | 17.05.2006 |
| Hammer Throw | 69.29 | Paraskevi | THEODOROU | 15.03.1986 | | Throwing Festival | Tripoli | 17.05.2009 |
| Heptathlon | 5319 | Maria | LAMBROU-TELONI | 23.02.1953 | | Invitation | Lefkosia | 3-4.09.1984 |

| | | | | | | | | |
|-----------------------------------|----------|---|----------------|------------|------|---|-------------------|------------|
| | | (14.2-1.63-11.33-24.7-6.48-33.76-2.40.0) | | | | | | |
| 4X100m Relay | 43.87 | National Team | | | | European Athletics Championships | Amsterdam | 09.07.2016 |
| | | (Olivia Fotopoulou/20.12.1996-Anna-Ramona Papaioannou/15.06.1989-Filippa Fotopoulou/20.12.1996-Eleni Artymata/16.05.1986) | | | | | | |
| 4X400m Relay | 3.42.60 | National Team | | | | European Cup (Bruno Zauli) | Lefkosia | 24.06.2001 |
| | | (Kyriacou Dora/03.07.1967-Papaioannou Vaso/26.11.1978-Shialou Androula/27.01.1973-Kallinikou Alissa/24.05.85) | | | | | | |
| NATIONAL RECORDS U23 WOMEN | | | | | | | | |
| 100m | 11.49 | Olivia | FOTOPOULOU | 20.12.1996 | 0.0 | Championships of the Small States of Europe | Liechtenstein/LIE | 09.06.2018 |
| 200m | 23.18 | Eleni | ARTYMATA | 16.05.1986 | 1.2 | National Championships | Lefkosia | 05.07.2007 |
| 400m | 52.91 | Alissa | KALLINIKOU | 24.05.1985 | | European Cup 1st League | Milano | 23.06.2007 |
| 800m | 2.03.45 | Annie | CHRISTOFIDOU | 07.01.1981 | | World Universiade | Daewoo | 29.08.2003 |
| 1500m | 4.20.35 | Meropi | PANAGIOTOU | 01.12.1994 | | Student Games | Jackosville USA | 28.05.2015 |
| 3000m | 9.51.48 | Marilena | SOPHOCLEOUS | 30.10.1986 | | European Cup 2st League | Novi Sad | 17.06.2006 |
| 5000m | 16.29.13 | Meropi | PANAGIOTOU | 01.12.1994 | | Student Games | Walnut USA | 17.04.2015 |
| 10000m | 36.37.14 | Rodama | LAGONIDOU | 02.04.1995 | | Greek National Championships | Megara | 27.06.2017 |
| Half Marathon | 1.27.57 | Rodama | LAGONIDOU | 02.04.1995 | | Green Half Marathon | Lefkada/GRE | 30.04.2017 |
| Marathon | 3.41.10 | Panayiota | ANDREOU | 28.07.1989 | | National Marathon Championships | Lemesos | 20.02.2011 |
| 100m.H.(0.84m) | 13.36 | Natalia | CHRISTOFI | 10.02.1997 | -0.6 | Balkan Senior Championships | Stara Zagora/BUL | 21.07.2018 |
| 400m.H.(0.762m) | 60.08 | Androula | SHIALOU | 27.01.1973 | | National Championships | Larnaca | 20.05.1995 |
| 3000m st(0.762m) | 10.52.97 | Chrystalla | HADJIPOLYDOROU | 21.04.1993 | | National Senior Championships | Lemesos | 27.06.2015 |
| Long Jump | 6.62 | Maria | LAMBROU-TELONI | 23.02.1953 | | Balkan Games | Sofia | 02.08.1974 |
| High Jump | 1.93 | Leontia | KALLENOU | 05.10.1994 | | Student Games | Starkville USA | 15.05.2015 |
| Triple Jump | 13.20 | Maria | DIEKITI | 06.11.1982 | -0.5 | National Senior Championships | Larnaca | 06.06.2004 |
| Pole Vault | 4.40 | Marianna | ZACHARIADI | 25.02.1990 | | Commonwealth Games | Delhi | 12.10.2010 |

| | | | | | | | | |
|---|----------|--|--------------|------------|------|---|-----------------|-------------|
| Shot Put(4kg) | 14.74 | Florentia | KAPPA | 29.05.1988 | | European Team Championships | Marsa | 20.06.2010 |
| Discus Throw(1kg) | 54.86 | Androniki | LADA | 19.04.1991 | | International Meeting "Venizelia" | Chania | 04.07.2012 |
| Javelin Throw(600gr) | 47.51 | Anastasia | MOURATIDOU | 08.04.1990 | | Students Games | Alambaba | 25.03.2010 |
| Hammer Throw(4kg) | 68.05 | Paraskevi | THEODOROU | 15.03.1986 | | (out of compet.)National Championships U17 | Larnaca | 16.07.2008 |
| Heptathlon | 4.417p. | Rafailia | IOANNOU | 12.09.1992 | | National Combined Events Championships | Lefkosia | 19-20.05.12 |
| | | (16.70/-0.4-1.57-11.14-27.16/0.8-//5.60/2.5-39.04-2.55.97) | | | | | | |
| <u>NATIONAL RECORDS JUNIOR WOMEN</u> | | | | | | | | |
| 100m | 11.65 | Paraskevi | ANDREOU | 15.01.1997 | 0.0 | 2nd Olympic Youth Games | Nanjing | 21.08.2014 |
| 200m | 23.71 | Eleni | ARTYMATA | 16.05.1986 | 1.6 | European Cup 2nd League | Istanbul | 19.06.2005 |
| 400m | 54.43 | Alissa | KALLINIKOU | 24.05.1985 | | World Gymnasiade | Caen/France | 31.05.2002 |
| 800m | 2.07.84 | Stella | CHRISTOFOROU | 02.03.1992 | | European Cup 2nd League | Banska Bystrica | 20.06.2009 |
| 1500m | 4.22.73 | Meropi | PANAGIOTOU | 01.12.1994 | | Invitation | Larnaca | 30.06.2012 |
| 3000m | 9.46.82 | Meropi | PANAGIOTOU | 01.12.1994 | | European Team Championships | Kaunas | 23.06.2013 |
| 5000m | 17.20.63 | Marilena | SOFOCLEOUS | 30.10.1986 | | World Universiade | Izmir | 19.08.2005 |
| 10000m | 39.33.37 | Stavroula | POYIATZI | 26.02.1976 | | European Cup Bruno Zauli | Istanbul | 12.06.1994 |
| 100m.H.(0.84m.) | 13.63 | Dafni | GEORGIOU | 18.08.1999 | 0.8 | Balkan Junior Championships | Istanbul/TUR | 22.06.2018 |
| 400m.H.(0.762m) | 59.14 | Stella | THEOCHAROUS | 03.11.1971 | | European Cup Bruno Zauli | Bruxelles | 05.08.1989 |
| 2000m.st.(0.762m) | 7.18.67 | Evgenia | KORKOKIOU | 06.05.1988 | | National Junior Championships | Paphos | 13.05.2006 |
| 3000m.st.(0.762m) | 11.17.25 | Evgenia | KORKOKIOU | 06.05.1988 | | Spring National Championships "Matsia" | Lefkosia | 19.05.2007 |
| Long Jump | 6.21 | Filippa | FOTOPOULOU | 20.12.1996 | 2.0 | Greek Grand- Prix | Argos Orestiko | 09.07.2014 |
| High Jump | 1.87 | Leontia | KALLENOU | 05.10.1994 | | Mediterranean Games | Mersin | 29.06.2013 |
| Triple Jump | 12.78 | Thomaida | POLYDOROU | 07.11.1986 | -0.1 | International Junior Match(Syria-Lebanon-CYP) | Lemesos | 22.05.2004 |
| Pole Vault | 4.45 | Marianna | ZACHARIADI | 25.02.1990 | | Mediterranean Games | Pescara | 30.06.2009 |

| | | | | | | | | |
|-----------------------------------|----------|---|--------------|------------|-----|--|-----------------|-------------|
| Shot Put(4kg) | 16.26 | Gavriella | FELLA | 21.01.1998 | | National Senior Championships | Lefkosia | 19.06.2016 |
| | 16.26 | Gavriella | FELLA | 21.01.1998 | | National Junior Championships | Lefkosia | 29.04.2017 |
| Discus Throw(1kg) | 49.36 | Elena | SOFRONIOU | 22.02.1962 | | Senior Women Match Cyprus Vs Greece | Lemesos | 16.08.1980 |
| Javelin Throw(600gr) | 49.16 | Mariele | ROUSI | 30.08.1998 | | Games of the Small States of Europe | San Marino | 30.05.2017 |
| Hammer Throw(4kg) | 57.77 | Chrystalla | KYRIAKOU | 04.10.1996 | | National Junior Championships | Larnaca | 10.05.2015 |
| Heptathlon | 4.795p. | Maro | THOMA | 21.11.1967 | | National Combined Events Championships | Lefkosia | 17-18.04.85 |
| | | (15.74(0.0)-1.55-11.07-25.56(-1.1)/5.70-28.80-2.27.72) | | | | | | |
| 4x100m. Relay | 45.77 | NATIONAL TEAM | | | | European Junior Championships | Eskilstuna | 19.07.2015 |
| | | (Paraskevi Andreou/15.01.1997-Dimitra Kyriakidou/27.04.1996-Marianna Pisiara/10.05.1997-Olivia Fotopoulou/20.12.1996) | | | | | | |
| 4x400m.Relay | 3.52.54 | OLYMPIA CLUB | | | | Greek National Junior Championships | Thessaloniki | 10.07.1983 |
| | | (Demetriou Mary/30.01.1969-Georgiou Maria/03.04.1965-Napoleonotos Soteroula/10.04.1965-Ioannou Vasiliki/19.10.1966) | | | | | | |
| | | | | | | | | |
| NATIONAL RECORDS U18/GIRLS | | | | | | | | |
| | | | | | | | | |
| 100m | 11.65 | Paraskevi | ANDREOU | 15.01.1997 | 0.0 | 2nd Youth Olympic Games | Nanjing | 21.08.2014 |
| 200m | 24.29 | Vaso | PAPAIOANNOU | 26.11.1978 | 1.9 | Greek National School Games | N. Phaliron | 06.05.1995 |
| 400m | 54.43 | Alissa | KALLINIKOU | 24.05.1985 | | Gymnasiade | Caen | 31.05.2002 |
| 800m | 2.07.84 | Stella | CHRISTOFOROU | 02.03.1992 | | European Team Championships | Banska Bystrica | 20.06.2009 |
| 1000m | 2.55.97 | Stella | CHRISTOFOROU | 02.03.1992 | | Gymnasiade | Doha | 11.12.2009 |
| 1500m | 4.27.82 | Stella | CHRISTOFOROU | 02.03.1992 | | European Team Championships | Banska Bystrica | 21.06.2009 |
| 3000m | 9.50.02 | Elena | AGAMEMNONOS | 06.09.1975 | | International Match GRE-CYP | Athina | 18.07.1992 |
| 5000m | 17.52.93 | Stephanie | SOPHOCLEOUS | 25.08.1986 | | Bruno Zaouli | Istanbul | 22.06.2003 |
| 10000m | 40.08.10 | Louiza | TSIANAKA | 02.09.1974 | | Bruno Zaouli | N. Phaliron | 23.06.1991 |
| 100m.H. | 13.89 | Marilia | GREGORIOU | 13.02.1980 | | National Senior Championships | Paphos | 24.05.1997 |
| 100m.H.(76cm) | 13.52 | Marilia | GREGORIOU | 13.02.1980 | 2.0 | European Youth Olympic Festival | Lisboa | 21.07.1997 |

| | | | | | | | | |
|--|----------|-------------------|---|------------|------|-------------------------------------|---------------|-------------|
| 400m.H. | 59.95 | Stella | THEOCHAROUS | 03.11.1971 | | Gymnasiade | Barcelona | 08.07.1988 |
| 2000m st. | 7.20.98 | Evgenia | KORKOKIOU | 06.05.1988 | | National Junior Championships | Lemesos | 14.05.2005 |
| 3000m st. | 11.20.34 | Evgenia | KORKOKIOU | 06.05.1988 | | Bruno Zaouli | Istanbul | 18.06.2005 |
| Long Jump | 6.08 | Christiana | FILIPPOU | 25.12.1967 | | Local Games | Lefkosia | 24.03.1984 |
| High Jump | 1.81 | Agni | CHARALAMBOUS | 02.09.1975 | | National Junior Championships | Lemesos | 03.05.1991 |
| Triple Jump | 12.48 | Thomaida | POLYDOROU | 07.11.1986 | -0.5 | Greek National School Championships | Lefkosia | 10.05.2003 |
| Pole Vault | 3.70 | Andrea | VASOU | 25.06.2003 | | World Gymnasiade | Marrakech/MAR | 06.05.2018 |
| Shot Put(4kg) | 14.39 | Florentia | KAPPA | 29.05.1988 | | Local Games | Lefkosia | 25.03.2005 |
| Shot Put(3kg) | 15.57 | Styliana | KYRIAKIDOU | 14.08.2000 | | Commonwealth Youth Games | Bahamas | 20.07.2017 |
| Discus Throw | 46.39 | Alexandra | KLATSIA | 19.09.1985 | | Local School Games | Lefkosia | 12.03.2002 |
| Javelin Throw(600gr) | 45.39 | Natasa | MOURATIDOU | 08.04.1990 | | Greek National School Championships | Larisa | 06.05.2007 |
| Javelin Throw(500gr) | 45.86 | Marielle | ROUSI | 30.08.1998 | | International Match GRE-CYP | Larisa | 06.08.2015 |
| Hammer Throw(4kg) | 53.52 | Sofia | HADJISAVVA | 20.04.2001 | | National Spring Championships | Lefkosia | 20.05.2017 |
| Hammer Throw (3kg) | 60.39 | Chrystalla | KYRIAKOU | 04.10.1996 | | IAAF World Youth Championships | Donetsk | 12.07.2013 |
| Heptathlon | 4128p. | Maria | DRACOU | 04.11.1967 | | Invitation | Lefkosia | 3-4.09.1984 |
| | | | (15.9-1.50-7.44-26.2/5.90-25.04-2.47.9) | | | | | |
| 4x100m. | 47.20 | National Team U18 | | | | European Junior Championships | Riети | 21.07.2013 |
| | | | (Natalia Christofi-Dimitra Kyriakidou-Filippa Fotopoulou-Olivia Fotopoulou) | | | | | |
| 4x400m. | 3.53.52 | National Team U18 | | | | International Match GRE-CYP | Athina | 30.07.2009 |
| | | | (Rafaella Demetriou-Eirini Tsiarta-Meropi Panagiotou-Stella Christoforou) | | | | | |
| | | | | | | | | |
| <u>NATIONAL INDOOR RECORDS SENIOR WOMEN</u> | | | | | | | | |
| | | | | | | | | |
| 60m | 7.33 | Anna-Ramona | PAPAIOANNOU | 15.06.1989 | | Greek National Indoor Championships | Piraeus | 08.02.2014 |
| | 7.33 | Anna-Ramona | PAPAIOANNOU | 15.06.1989 | | Greek National Indoor Championships | Piraeus | 08.02.2014 |

| | | | | | | | | |
|---|---------|---------------|----------------|------------|--|---|------------------------|---------------|
| 200m | 23.96 | Andri | SHIALOU | 27.01.1973 | | o.c/Greek National Indoor Championships | Piraeus | 17.02.2002 |
| 400m | 52.91 | Andri | SHIALOU | 27.01.1973 | | o.c/Greek National Indoor Championships | Athina | 07.02.2004 |
| 800m | 2.06.52 | Natalia | EVANGELIDOU | 10.03.1991 | | Balkan Indoor Championships | Belgrade/SRB | 25.02.2017 |
| 1500m | 4.14.62 | Natalia | EVANGELIDOU | 10.03.1991 | | International Meeting | Athlonel/IRL | 21.02.2018 |
| 1 Mile | 4.43.17 | Meropi | PANAGIOTOU | 01.12.1994 | | SEC Indoor Championships | Fayetteville,Ark/USA | 26.02.2016 |
| 3000m | 9.40.52 | Meropi | PANAGIOTOU | 01.12.1994 | | Student Games | Birmingham USA | 18.01.2014 |
| 60m H | 8.19 | Morfo | BAOURDA | 13.01.1982 | | Greek National Indoor Invitation | Athina | 11.02.2006 |
| Long Jump | 6.42 | Maria | LAMBROU-TELONI | 23.02.1953 | | International Meeting | Bucharest | 07.02.1976 |
| High Jump | 1.93 | Leontia | KALLENOU | 05.10.1994 | | Students Games | Fayetteville,Ark/USA | 13.03.2015 |
| Triple Jump | 13.32 | Maria | DIOIKITI | 06.11.1982 | | | Sofia | 13.12.2005 |
| Pole Vault | 4.41 | Marianna | ZACHARIADE | 25.02.1990 | | o.c/Balkan Indoor Championships | Piraeus | 21.02.2009 |
| Shot Put | 16.19 | Olympia | MENELAOU | 29.04.1966 | | o.c/Balkan Indoor Championships | Piraeus | 18.02.2001 |
| Pentathlon | 3156 p. | Rafailia | IOANNOU | 22.09.1992 | | Greek National Indoor Championships | Piraeus | 13-14.02.2016 |
| | | | | | | | | |
| <u>NATIONAL INDOOR RECORDS WOMEN U23</u> | | | | | | | | |
| | | | | | | | | |
| 60m | 7.40 | Paraskevi | ANDREOU | 15.01.1997 | | Greek Indoor Invitation | Piraeus | 25.01.2019 |
| 200m | 24.28 | Olivia | FOTOPOULOU | 20.12.1996 | | Students Games | Albuquerque/USA | 06.02.2016 |
| 400m | 54.78 | Alisa | KALLINIKOU | 24.05.1985 | | International Meeting | Piraeus | 24.02.2007 |
| 800m | 2.08.24 | Annie | CHRISTOFIDOU | 07.01.1981 | | Balkan Indoor Championships | Piraeus | 23.02.2002 |
| 1500m | 4.55.70 | Paraskevoulla | THRASYVOULOU | 21.02.1994 | | Greek Indoor Invitation | Piraeus | 31.01.2015 |
| 1 Mile | 4.43.17 | Meropi | PANAGIOTOU | 01.12.1994 | | SEC Indoor Championships | Fayetteville, Ark/ USA | 26.02.2016 |
| 3000m | 9.40.52 | Meropi | PANAGIOTOU | 01.12.1994 | | Students Games | Birmingham/USA | 18.01.2014 |
| 60m H | 8.40 | Natalia | CHRISTOFI | 10.02.1997 | | Greek National Indoor Championships | Piraeus | 10.02.2019 |
| Long Jump | 6.34 | Filippa | FOTOPOULOU | 20.12.1996 | | Students Games | Nashville/USA | 13.01.2017 |

| | | | | | | | | |
|--|----------|------------|--------------|------------|--|-------------------------------------|------------------------|------------|
| High Jump | 1.93 | Leontia | KALLENOU | 05.10.1994 | | Students Games | Fayetteville, Ark/ USA | 13.03.2015 |
| Triple Jump | 12.85 | Maria | DIOIKITI | 06.11.1982 | | Students Games | Sofia | 08.02.2004 |
| Pole Vault | 4.35 | Marianna | Zachariade | 25.02.1990 | | IAAF World Indoor Championships | Docha | 12.03.2010 |
| Shot Put | 14.67 | Zacharoula | GEORGIADOU | 07.04.1985 | | Greek Indoor Invitation | Athens | 28.01.2006 |
| Heptathlon | | | | | | | | |
| <u>NATIONAL INDOOR RECORDS JUNIOR WOMEN</u> | | | | | | | | |
| | | | | | | | | |
| 60m | 7.48 | Paraskevi | ANDREOU | 15.01.1997 | | Greek National Indoor Championships | Piraeus | 14.02.2015 |
| 200m | 24.64 | Sanda | KOLOMEITEVA | 13.06.2000 | | Greek Indoor Invitation | Piraeus | 25.01.2019 |
| 400m | 57.90 | Kalliopi | KOUNTOURI | 07.07.1997 | | Student Games | Ohio/USA | 19.02.2016 |
| 800m | 2.10.40 | Stella | CHRISTOFOROU | 02.03.1992 | | Student Games | USA | 26.02.2011 |
| 1500m | 4.28.64 | Meropi | PANAGIOTOU | 01.12.1994 | | Greek National Indoor Championships | Piraeus | 21.02.2012 |
| 1 Mile | 4.52.52 | Meropi | PANAGIOTOU | 01.12.1994 | | Student Games | Lincoln/USA | 09.02.2013 |
| 3000m | 10.06.33 | Meropi | PANAGIOTOU | 01.12.1994 | | Greek National Indoor Championships | Piraeus | 22.02.2012 |
| 60m H | 8.41 | Marilia | GREGORIOU | 13.02.1980 | | o.c/Balkan Indoor Championships | Piraeus | 22.02.1998 |
| Long Jump | 5.92 | Maria | DRACOU | 04.11.1967 | | Greek National Indoor Championships | Piraeus | 16.02.1985 |
| High Jump | 1.82 | Leontia | KALLENOU | 05.10.1994 | | Greek National Indoor Championships | Piraeus | 22.02.2012 |
| Triple Jump | 12.20 | Thomaida | POLYDOROU | 07.11.1986 | | Student Games | USA | 22.01.2005 |
| Pole Vault | 4.41 | Marianna | ZACHARIADE | 25.02.1990 | | Balkan Indoor Championships | Athens | 21.02.2009 |
| Shot Put | 12.95 | Andry | KASAPI | 28.08.1978 | | Greek National Invitation | Piraeus | 26.01.1997 |
| Pentathlon | 3015 p. | Charithea | IRACLEOUS | 05.05.2002 | | Greek National Indoor Championships | Piraeus | 10.02.2019 |
| | | | | | | | | |
| | | | | | | | | |
| <u>NATIONAL RECORDS SENIOR MEN</u> | | | | | | | | |

| | | | | | | | | |
|---------------|---|---------------|--------------|------------|-----|---------------------------------------|-------------------|-------------|
| 100m | 10.11 | Yiannakis | ZISIMIDES | 17.08.1967 | 1.5 | Int.meeting Vardinoyiannia | Rethymno | 25.05.1996 |
| 200m | 20.37 | Prodromos | KATSANTONIS | 20.10.1975 | 1.9 | Greek National Championships M-W | Athina | 19.07.1998 |
| 400m | 46.16 | Evipides | DEMOSTHENOUS | 14.10.1972 | | World Universiade | Palma de Mallorca | 10.07.1999 |
| 800m | 1.47.17 | Spyros | SPYROU | 06.06.1958 | | Mediterranean Games | Casablanca | 15.09.1983 |
| 1500m | 3.39.50 | Amine | KHADIRI | 20.11.1988 | | International Meeting | Huelva/ESP | 03.06.2016 |
| 5000m | 13.34.29 | Philippos | PHILIPPOU | 25.09.1956 | | International Meeting | Riccione | 27.08.1983 |
| 10000m | 28.26.87 | Marios | KASIANIDES | 16.09.1954 | | International Meeting | Praha | 19.06.1981 |
| Marathon | 2.19.51 | Marios | KASIANIDES | 16.09.1954 | | Commonwealth Games | Brisbane | 08.10.1982 |
| 110m H | 13.25 | Milan | TRAJKOVIC | 17.03.1992 | 0 | Diamond League | London | 09.07.2017 |
| 400m H | 49.5 | Stavros | TZIORTZIS | 15.09.1948 | | International Match | N.Phaliron | 28.06.1972 |
| | 49.66 | Stavros | TZIORTZIS | 15.09.1948 | | Olympic Games | Munich | 02.09.1972 |
| 3000m st. | 8.24.01 | Philippos | PHILIPPOU | 25.09.1956 | | Mediterranean Games | Casablanca | 15.09.1983 |
| Long Jump | 7.86 | Demetris | ARAOUZOS | 19.02.1961 | | Local Games "DIAGORIA" | Nicosia | 25.03.1982 |
| | 7.86 | Demetris | ARAOUZOS | 19.02.1961 | | Student Games | Idaho | 14.04.1984 |
| | 7.86 | Michael | RODOSTHENOUS | 15.06.1959 | | International Meeting "VENIZELEIA" | Chania | 24.05.1986 |
| High Jump | 2.35 | Kyriakos | IOANNOU | 26.07.1984 | | 11th World Championships | Osaka | 29.08.2007 |
| Triple Jump | 17.13 | Marios | HADJIANDREOU | 19.09.1962 | 0.7 | Mediterranean Games | Athens | 11.07.1991 |
| Pole Vault | 5.61(i) | Nikandros | STYLIANOU | 22.08.1989 | | Balkan Indoor Championships | Belgrade/SRB | 25.02.2017 |
| Shot Put | 19.84 | Loucas | LOUCA | 15.05.1945 | | Olympic Day | Athens | 09.04.1975 |
| Discus Throw | 65.69 | Apostolos | PARELLIS | 24.07.1985 | | Greek Meeting "Heraklia" | Heraklion/GRE | 28.05.2016 |
| Javelin Throw | 74.58 | Panagiotis | KALOGEROU | 26.08.1976 | | Invitation | Larnaca | 15.04.2004 |
| Hammer Throw | 75.32 | Konstantinos | STATHELAKOS | 30.12.1987 | | Throwing Festival | Tripoli/GRE | 15.05.2015 |
| Decathlon | 7802 | Georgios | ANDREOU | 26.07.1974 | | Greek National Combined events Champ. | Volos | 11-12.08.00 |
| | (10.83-7.16-15.16-1.96-51.21/15.37(+0.7)-45.13-4.90-59.31-5.03.03) | | | | | | | |
| 4x100m Relay | 39.12 | National Team | | | | Mediterranean Games | Bari | 18.06.1997 |
| | (Marcoullides Anninos/08.02.1971-Katsantonis Prodromos/20.10.1975-Skender Georgios/09.05.1978-Zisimides Yiannakis/17.08.1967) | | | | | | | |
| 4x400m Relay | 3.11.16 | National Team | | | | European Cup (Bruno Zauli) | Beograd | 07.06.1998 |
| | (Afamis Georgios/03.09.1973-Pochanis Costas/29.07.1973-Ayiomamitis Antonis/01.08.1979-Demosthenous Evripides/14.10.,1972) | | | | | | | |
| 20.000m W | 1.57.48 | Yiannis | DEMETRIOU | | | Greek National Championships | Pireaus | 07.10.1978 |

| NATIONAL RECORDS U23 MEN | | | | | | | | |
|------------------------------------|----------|---------------|---------------|------------|------|--|------------------|---------------|
| 100m | 10.26 | Prodromos | KATSANTONIS | 20.10.1975 | -0.4 | Greek National Championships | Athens | 18.07.1997 |
| 200m | 20.55 | Prodromos | KATSANTONIS | 20.10.1975 | 1.3 | Mediterranean Games | Bari | 17.06.1997 |
| 400m | 46.6 | Kyriakos | ONISIFOROU | 10.04.1951 | | Balkan Games | Izmir | 03.08.1972 |
| | 46.83 | Georgios | AVRAAM | 27.11.1992 | | Greek National Senior Championships | Athens | 20.07.2013 |
| 800m | 1.47.9 | Demetris | THEOFYLACTOU | 11.05.1958 | | Pacific Ten-Student Games | Tempe(Ariz) | 21.05.1979 |
| 1500m | 3.46.0 | Demetris | THEOFYLACTOU | 11.05.1958 | | International Meeting "Tsiklitiria" | N.Phaliron | 21.06.1979 |
| 5000m | 14.18.2 | Marios | KASIANIDES | 16.09.1954 | | International Meeting "Tsiklitiria" | N.Phaliron | 01.07.1976 |
| 10000m | 29.15.7 | Philippos | PHILIPPOU | 25.09.1956 | | Greek National Championships | N.Phaliron | 08.10.1978 |
| Marathon | 2.31.50 | Petros | NIKODEMOU | 11.01.1961 | | Greek National Marathon Championships | Thives | 07.11.1982 |
| 110m.H.(1.067m) | 13.65 | Milan | TRAJKOVIC | 17.03.1992 | 1.2 | National Senior Championships | Lefkosia | 07.06.2014 |
| 400m.H.(0.914m) | 50.50 | Costas | POCHANIS | 29.07.1973 | | National Senior Championships | Lefkosia | 27.05.1994 |
| 3000m st.(0.914m) | 8.31.04 | Philippos | PHILIPPOU | 25.09.1956 | | International Match | N.Phaliron | 15.07.1978 |
| Long Jump | 7.86 | Demetrios | ARAOUZOS | 19.02.1961 | | Local Games "Diagoria" | Lefkosia | 25.03.1982 |
| High Jump | 2.28 | Kyriakos | IOANNOU | 26.07.1984 | | Invitation | Lefkosia | 03.08.2004 |
| Triple Jump | 16.37 | Marios | HADJIANDREOU | 19.09.1962 | | International Meeting "Makaria" | Lefkosia | 01.10.1983 |
| Pole Vault | 5.40 | Nikandros | STYLIANOU | 22.08.1989 | | Invitation | Lefkosia | 16.07.2010 |
| Shot Put(7.26kg) | 19.54 | Elias | LOUCA | 23.07.1974 | | National Championships | Lemesos | 22.06.1996 |
| Discus Throw(2kg) | 58.16 | Apostolos | PARELLIS | 24.07.1985 | | European Championships U23 | Debressen | 14.07.2007 |
| Javelin Throw(800gr) | 71.19 | Pieros | TSISIOS | 08.06.1978 | | Greek National Championships U23 | Kastoria | 05.08.2000 |
| Hammer Throw(7.26k) | 70.08 | Alexandros | POURSANIDIS | 23.01.1993 | | Students Games | Jacksonville, FL | 03.04.2015 |
| Decathlon | 7.334 p. | Andreas | CHRISTODOULOU | 26.10.1995 | | Students Games | Tallahassee, FL | 13-14.05.2016 |
| | | | | | | (10.94(0.9)-7.19(0.8)-12.20-1.80-50.45-14.68(0.1)-38.03-4.30-59.25-4.50.04) | | |
| 4 X 400m. Relay | 3.17.60 | National Team | | | | International Meeting | Tel-Aviv | 23.05.2012 |
| | | | | | | (Kyriakos Antoniou/13.05.1990-Stefanos Anastasiou/11.08.1990-Riginos Menelaou/29.09.1992-Georgios Avraam/27.11.1992) | | |
| | | | | | | | | |
| NATIONAL RECORDS JUNIOR MEN | | | | | | | | |
| 100m | 10.41 | Georgios | SKENDER | 09.05.1978 | 0.4 | Mediterranean Games | Bari | 16.06.1997 |
| 200m | 21.09 | Nicos | HADJINICOLAOU | 10.07.1960 | | Bruno Zauli | N.Phaliron | 17.07.1977 |

| | | | | | | | | |
|-----------------------|----------|------------|-------------------------------|------------|------|--|-----------------|-------------|
| 400m | 47.06 | Petros | TSIAKKIROS | 15.07.1956 | | World Universiade | Roma | 19.09.1975 |
| 800m | 1.49.39 | Christos | DIMITRIOU | 22.09.1993 | | International Meeting "Papaflessia" | Kalamata | 02.06.2012 |
| 1500m | 3.45.84 | Georgios | LOUCAIDES | 05.03.1972 | | Invitation | Larnaca | 22.08.1991 |
| 3000m | 8.22.44 | Georgios | LOUCAIDES | 05.03.1972 | | National Junior Championships | Lemesos | 04.05.1991 |
| 5000m | 14.31.99 | Georgios | LOUCAIDES | 05.03.1972 | | Spring National Championships "Matsia" | Lefkosia | 28.04.1991 |
| | 14.31.99 | Georgios | LOUCAIDES | 05.03.1972 | | National Senior Men Championships | Larnaca | 09.06.1991 |
| 10000m | 30.44.6 | Georgios | LOUCAIDES | 05.03.1972 | | Invitation | Larnaca | 30.08.1991 |
| 110m.H.(1.067) | 13.99 | Prodromos | KATSANTONIS | 20.10.1975 | -0.6 | National Senior Championships | Lefkosia | 15.05.1993 |
| 110m.H.(0.99) | 13.80 | Prodromos | KATSANTONIS | 20.10.1975 | | Greek National School Championships | Lefkosia | 29.04.1993 |
| 400m.H.(0.914) | 50.79 | Costas | POCHANIS | 29.07.1973 | | International Junior Match(GRE-BUL-CYP) | Drama | 22.08.1992 |
| 2000m.st(0.914) | 5.38.88 | Georgios | LOUCAIDES | 05.03.1972 | | Invitation | Larnaca | 26.08.1991 |
| 3000m st (0.914) | 8.45.04 | Georgios | LOUCAIDES | 05.03.1972 | | Bruno Zauli | N.Phaliron | 23.06.1991 |
| Long Jump | 7.73 | Demetris | ARAOUZOS | 19.02.1961 | | Balkan Games | Sofia | 14.06.1980 |
| High Jump | 2.18 | Anastasios | TZIONIS | 18.01.1962 | | Invitation | N.Phaliron | 07.06.1980 |
| Triple Jump | 16.31 | Marios | HADJIANDREOU | 19.09.1962 | 1.2 | Greek National Championships | N.Phaliron | 28.06.1981 |
| Pole Vault | 5.05 | Nikadros | STYLIANOU | 22.08.1989 | | National Junior Men Championships | Larnaca | 11.05.2008 |
| | 5.05 | Nikadros | STYLIANOU | 22.08.1989 | | European Cup 2nd League | Banska Bystrica | 22.06.2008 |
| Shot Put(7.26kg) | 18.75 | Elias | LOUCA | 23.07.1974 | | Invitation | Lemesos | 14.07.1993 |
| Shot Put(6Kg) | 18.72 | Apostolos | TSAKKISTOS | 24.12.1992 | | European Junior Championships | Tallinn | 21.07.2011 |
| Discus Throw(2Kg) | 58.56 | Giorgos | KONIAKIS | 02.02.1999 | | Mediterranean Games U23 | Jesolo/ITA | 10.06.2018 |
| Discus Throw(1.750gr) | 65.90 | Giorgos | KONIAKIS | 02.02.1999 | | International Junior Match | Tel-Aviv | 13.05.2018 |
| Javelin(800gr) | 64.90 | Pieros | TSISIOS | 08.06.1978 | | International Junior Match | Tel-Aviv | 02.06.1996 |
| Hammer Throw(7.26kg) | 67.04 | Alexandros | POURSANIDIS | 23.01.1993 | | National Senior Championships | Lemesos | 10.06.2012 |
| Hammer Throw(6kg) | 77.86 | Alexandros | POURSANIDIS | 23.01.1993 | | National Invitation | Lefkosia | 22.06.2012 |
| Decathlon | 6.720p. | Georgios | ANDREOU | 26.07.1974 | | Military World Championships | Tours France | 29-30.08.93 |
| (7.26kg-1.067m-2kg) | | | | | | (11.40(+0.9)-6.78(+0.6)-12.63-1.98-52.91/17.17(-0.6)-39.28-3.90-60.56-5.15.17) | | |
| Decathlon | 6.867p. | Andreas | CHRISTODOULOU | 26.10.1995 | | Balkan Junior Championships | Serres | 5-6.07.2014 |
| (6kg-0.99m-1.750gr) | | | | | | (11.36(-2.4)-6.81(1.1)-11.83-1.75-51.56/15.31(-1.0)-35.91-4.40-52.47-4.46.32) | | |
| 4x100m.Relay | 40.44 | | NATIONAL TEAM JUNIOR MEN | | | World Junior Championships | Grossetto | 16.07.2004 |
| | | | | | | (Lavithis George/30.09.1986-Georgiou Georgios/17.05.1985-Kyriakides Georgios/-Athnasiou Valentinos/27.07.1986) | | |
| 4x400m.Relay | 3.18.46 | | G.S. PANCYPRIAN CLUB LEFKOSIA | | | Greek National Junior Championships | Thessaloniki | 20.06.1982 |

| | | | | | | | | |
|----------------------------------|----------|---|---------------|------------|------|-------------------------------------|---------------|------------|
| | | (Constantinou Athos/1965-Kokkinos Emiliios/1964-Kyriakides Themis/20.02.1965-Savva Savvas/03.06.1964) | | | | | | |
| NATIONAL RECORDS U18/BOYS | | | | | | | | |
| 100m | 10.4 | Nicos | HADJINIKOLAOU | 10.07.1960 | | International Games | Limerik | 01.06.1977 |
| | 10.64 | Nicos | HADJINIKOLAOU | 10.07.1960 | | Bruno Zauli | N. Phaliron | 16.07.1977 |
| 200m | 21.09 | Nicos | HADJINIKOLAOU | 10.07.1960 | | Bruno Zauli | N. Phaliron | 17.07.1977 |
| 400m | 47.96 | Stefanos | ANASTASIOU | 11.08.1990 | | Gymnasiade | Thessaloniki | 01.07.2006 |
| 800m | 1.51.7 | Philippos | STYLIANOUEDES | 28.06.1962 | | International Meeting "Makaria" | Lefkosia | 06.01.1979 |
| 1000m | 2.28.52 | Christos | DIMITRIOU | 22.09.1993 | | European Youth Olympic Festival | Moscow | 23.05.2010 |
| 1500m | 3.49.2 | Georgios | LOUCAIDES | 05.03.1972 | | Invitation | Lefkosia | 26.04.1989 |
| 3000m | 8.25.29 | Georgios | LOUCAIDES | 05.03.1972 | | International Games | Cannes FRA | 24.06.1989 |
| 5000m | 14.39.74 | Georgios | LOUCAIDES | 05.03.1972 | | International Games | Belfast | 01.07.1989 |
| 10000m | 31.52.65 | Georgios | LOUCAIDES | 05.03.1972 | | European Junior Championships | Vararstin CRO | 26.08.1989 |
| Marathon | | | | | | | | |
| 110m.H.(1.067m) | 14.40 | Prodromos | KATSANTONIS | 20.10.1975 | | National Senior Championships | Lemesos | 13.06.1992 |
| 110m.H.(0.914m) | 13.57 | Haris | KOUTRAS | 08.06.1992 | -0.4 | European Youth Olympic Festival | Tampere | 23.07.2009 |
| 400m.H.(0.914m) | 52.39 | Costas | POCHANIS | 29.07.1973 | | National Senior Championships | Lemesos | 28.06.1990 |
| 400m.H.(0.84cm) | 52.99 | Costas | POCHANIS | 29.07.1973 | | Gymnasiade | Bruss BEL | 26.06.1990 |
| 2000m st. | 5.48.58 | Georgios | LOUCAIDES | 05.03.1972 | | National Youth Championships | Lemesos | 07.07.1989 |
| 3000m st. | 9.08.66 | Stathis | STASIS | 19.04.1973 | | Invitation | Lemesos | 27.06.1990 |
| Long Jump | 7.44 | Michalis | RODOSTHENOUS | 15.06.1959 | | Gymnasiade | Orlean FRA | 26.06.1976 |
| High Jump | 2.16 | Anastasios | TZIONIS | 18.01.1962 | | Gymnasiade | Lylle FRA | 23.06.1979 |
| Triple Jump | 15.74 | Stelios | PETROU | 17.03.1983 | | Greek National School Championships | Patra GRE | 10.05.2000 |
| Pole Vault | 4.9 | Christos | TAMANIS | 22.12.2000 | | National Youth Championships | Lemesos | 07.07.2017 |
| Shot Put(7.26kg) | 17.39 | Elias | LOUCA | 23.07.1974 | | | Lemesos | 30.06.1991 |
| Shot Put(5kg) | 20.03 | Elias | LOUCA | 23.07.1974 | | National School Championships | Larnaca | 17.04.1991 |
| Discus Throw(2kg) | 52.93 | Georgios | KONIARAKIS | 07.02.1999 | | National Senior Championships | Lefkosia | 18.06.2016 |
| Discus Throw(1.5kg) | 63.96 | Georgios | KONIARAKIS | 07.02.1999 | | Local School Games | Lemesos | 11.03.2016 |
| Javelin Throw(800gr) | 64.53 | Spyros | SAVVA | 24.01.2000 | | National Senior Championships | Lemesos | 18.06.2017 |
| Javelin Throw(700gr) | 71.85 | Spyros | SAVVA | 24.01.2000 | | International Match GRE-CYP | Sparti/GRE | 03.08.2017 |

| | | | | | | | | |
|--|---|---|--------------|------------|--|--|----------------|---------------|
| Hammer Throw(7.26k) | 58.38 | Stylios | KAZAKEOS | 03.03.1994 | | National Spring Championships "Matsia" | Lefkosia | 15.05.2011 |
| Hammer Throw (6kg) | 66.07 | Nikolaos | KESSIDIS | 11.01.2001 | | National Junior Championships | Lemesos | 29.04.2018 |
| Hammer Throw (5kg) | 72.41 | Michael | KOLOKOTRONIS | 09.12.1990 | | National Youth Championships | Lemesos | 16.06.2007 |
| Decathlon | 6.559p. | Georgios | KANARIS | 04.10.2000 | | National School Champ. Combined Events | Lefkosia | 04-05.04.2017 |
| U18 Implements | (11.63(0.7)-6.32(1.0)-16.50-1.90-55.02/15.75-43.42-3.40-48.53-5.17.25) | | | | | | | |
| | 5.992p. | Georgios | KANARIS | 04.10.2000 | | National Championships Combined Events | Lemesos | 20-21.04.2017 |
| Men Implements | (11.84(-1.7)-6.15(1.3)-12.50-1.85-54.89/17.50(-1.2)-38.26-3.90-40.86-5.04.68) | | | | | | | |
| 4x100m. | 42.76 | National Team U18 | | | | International Match GRE-CYP | Lemesos | 21.07.1990 |
| | | (Prodromos Katsantonis-Pericles Markaris-Antonis Kassera-Nearchos Hadjiloizou) | | | | | | |
| 4x400m. | 3.21.46 | National Team U18 | | | | International Match GRE-CYP | Giannitsa | 21.07.2011 |
| | | (Frixos Demetriades-Emanouel Modestou-Onisiforos Anastasiou-Adrea Gacumi Michara) | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| CYPRUS AMATEUR ATHLETIC ASSOCIATION | | | | | | | | |
| | | | | | | | | |
| <u>NATIONAL INDOOR RECORDS SENIOR MEN</u> | | | | | | | | |
| | | | | | | | | |
| 60m | 6.58 | Yiannis | ZISIMIDES | 17.08.1967 | | International Indoor Meeting | Piraeus | 03.03.1996 |
| 100m | 10.31 | Anninos | MARKOULLIDES | 08.02.1971 | | | Budapest | 28.02.1999 |
| 200m | 20.65 | Anninos | MARKOULLIDES | 08.02.1971 | | European Indoor Championships | Valencia | 01.03.1998 |
| 400m | 47.39 | Evipides | DEMOSTHENOUS | 14.10.1972 | | Greek National Indoor Championships | Piraeus | 14.02.1998 |
| 800m | 1.48.23 | Christos | DIMITRIOU | 22.09.1993 | | International Meeting | Vienna/AUS | 27.01.2018 |
| 1500m | 3.42.58 | Christos | PAPAPETROU | 21.12.1973 | | Greek National Indoor Invitation | Piraeus | 01.02.1998 |
| 1 Mile | 4.11.37 | Georgios | LOUCAIDES | 05.03.1972 | | Student Games | Idaho | 17.02.1995 |
| 3000m | 7.54.16 | Christos | PAPAPETROU | 21.12.1973 | | International Meeting | Budapest | 06.02.1998 |
| 60m H | 7.51 | Milan | TRAJKOVIC | 17.03.1992 | | World Indoor Championships | Birmingham/GBR | 04.03.2018 |
| Long Jump | 7.68 | Demetris | ARAOUZOS | 19.02.1961 | | Student Games | Moscow/USA | 12.02.1983 |

| | | | | | | | | |
|---|--|------------|-----------------|------------|--|-------------------------------------|-----------------|-------------|
| High Jump | 2.32 | Kyriakos | IOANNOU | 26.07.1984 | | International Meeting | Novi Sad | 17.02.2008 |
| | 2.32 | Dimitrios | CHONDROKOUKIS | 26.01.1988 | | Greek National Indoor Championships | Piraeus | 14.02.2015 |
| | 2.32 | Kyriakos | IOANNOU | 26.07.1984 | | Hustopecske skakani | Hustopecce/CZE | 13.02.2016 |
| Triple Jump | 16.88 | Marios | HADJIANDEOU | 1962 | | | Piraeus | 20.02.1988 |
| Pole Vault | 5.61 | Nikandros | STYLIANOU | 22.08.1989 | | Balkan Indoor Championships | Belgrade/SRB | 25.02.2017 |
| Shot Put | 19.43 | Georgios | ARESTIS | 27.12.1981 | | Greek National Indoor Invitation | Athina | 31.01.2009 |
| Heptathlon | 5895p. | Georgios | ANDREOU | 26.07.1974 | | Greek National Indoor Championships | Piraeus | 11-12.02.00 |
| | (6.95-7.42-2.08-15.16-8.34-4.90-3.04.15) | | | | | | | |
| NATIONAL INDOOR RECORDS MEN U23 | | | | | | | | |
| 60m | 6.65 | Prodromos | KATSANTONIS | 20.10.1975 | | Greek National Indoor Championships | Piraeus | 14.02.1997 |
| 200m | 21.03 | Prodromos | KATSANTONIS | 20.10.1975 | | Greek National Indoor Championships | Piraeus | 15.02.1997 |
| 400m | 47.59 | Evipididis | DEMOSTHENOUS | 14.10.1972 | | International Indoor Meeting | Piraeus | 28.02.1994 |
| 800m | 1.49.30 | Christos | DIMITRIOU | 22.09.1993 | | Balkan Indoor Championships | Istanbul | 21.02.2015 |
| 1500m | 3.44.94 | Alexandros | KALOGEROGIANNIS | 14.05.1985 | | Greek Indoor Invitation | Piraeus | 11.02.2006 |
| 3000m | 8.09.56 | Alexandros | KALOGEROGIANNIS | 14.05.1985 | | Greek National Indoor Championships | Piraeus | 19.02.2006 |
| 60m H | 7.83 | Alexandros | STAVRIDES | 13.04.1989 | | Greek Indoor Invitation | Piraeus | 13.02.2010 |
| Long Jump | 7.68 | Demetris | ARAOUZOS | 19.02.1961 | | Students Games | USA | 10.02.1983 |
| High Jump | 2.30 | Kyriakos | IOANNOU | 26.07.1984 | | International Indoor Meeting | Banska Bystrica | 14.02.2006 |
| Triple Jump | 15.90 | Longinos | ACHILLEOS | 10.06.1996 | | Greek National Indoor Championships | Piraeus | 10.02.2018 |
| Pole Vault | 5.37 | Nikandros | STYLIANOU | 22.08.1989 | | Greek Indoor Invitation | Thessaloniki | 29.01.2011 |
| Shot Put | 18.28 | Elias | LOUCA | 23.07.1974 | | Greek National Indoor Championships | Piraeus | 13.02.1994 |
| Heptathlon | 5117p | Georgios | ANDREOU | 26.07.1974 | | Greek National Indoor Championships | Piraeus | 5-6.02.1994 |
| NATIONAL INDOOR RECORDS JUNIOR MEN | | | | | | | | |
| 60m | 6.88 | Aris | GEORGIADES | 22.07.1967 | | | Piraeus | 07.02.1986 |
| | 6.88 | Stefanos | IOANNOU | 12.06.1982 | | European Indoor Championships | Gent/BEL | 26.02.2000 |
| 200m | 21.59 | Ioannis | MARCOULLIDES | 08.02.1971 | | European Indoor Championships | Glasgow | 03.03.1990 |

| | | | | | | | | |
|---------------|---|----------------------|-----------------|------------|--|-------------------------------------|----------|-------------|
| 400m | 49.64 | Stavros | SPYROU | 19.11.2000 | | International Indoor Meeting | Vienna | 26.01.2019 |
| 800m | 1.51.84 | Christos | DIMITRIOU | 22.09.1993 | | Greek National Invitation | Piraeus | 04.02.2012 |
| 1500m | 3.54.12 | Alexandros | KALOGEROGIANNIS | 14.05.1985 | | Invitation | Athens | 31.01.2004 |
| 3000m | 8.30.59 | Alexandros | KALOGEROGIANNIS | 14.05.1985 | | Greek National Indoor Championships | Athens | 08.02.2004 |
| 60m H | 8.08 | Stefanos | IOANNOU | 12.06.1982 | | European Indoor Championships | Belgium | 25.02.2000 |
| 60m H(0.99cm) | 8.18 | Constantinos | TZIAKOURIS | 01.06.1999 | | Greek Indoor Invitation | Piraeus | 04.02.2017 |
| | 8.18 | Constantinos | TZIAKOURIS | 01.06.1999 | | Balkan Junior Indoor Championships | Istanbul | 12.02.2017 |
| Long Jump | 7.20 | Kosmas | THEODOROU | 1981 | | | Piraeus | 29.01.2000 |
| High Jump | 2.08 | Emilios | XENOFONTOS | 27.11.1986 | | | Athens | 31.01.2004 |
| Triple Jump | 14.40 | Panagiotis | VOLOU | 1991 | | Greek National Invitation | Athens | 06.02.2010 |
| Pole Vault | 4.90 | Nikandros | STYLIANOY | 1989 | | | Athens | 02.02.2008 |
| Shot Put | 18.30 | Elias | LOUCA | 1974 | | Invitation | Athens | 11.12.1993 |
| Heptathlon | 4695P | Pericles | KLEOVOULOU | 1993 | | Greek National Indoor Championships | Athens | 19-20.02.11 |
| 60m H/ 0.99cm | 8.22 | Alexandros | STAVRIDES | 1989 | | National Invitation | Lefkosia | 25.01.2006 |
| 4x400m | 3.34.73 | National Junior Team | | | | International Military Games | Athens | 14.03.2009 |
| | (Marios Apostolides-Alexis Ioannides-Stefanos Anastasiou-Kyriakos Antoniou) | | | | | | | |